## Proclamation

WHEREAS, the mental and physical health of children and youth is important to families, communities, health care workers, and service providers across Twin Falls County; and

WHEREAS, services for children and families in Twin Falls County have incorporated trauma-informed care, based upon the knowledge that adverse childhood experiences, (ACEs) can cause long-term harm to physical and mental health; and

WHEREAS, more recent research has shown that brain development is improved through Positive Childhood Experiences (PCEs); and

WHEREAS, PCEs significantly decrease the risk of poor mental health and depression even among those of us who have experienced significant adversity as children; and

WHEREAS, we now know that resilient communities can improve the chances that children will experience connection, safe places to live, learn and play, and have opportunities to engage with others. These key experiences go a long way to reducing the lifelong effects adverse of community environments; and

WHEREAS, families cannot provide PCEs alone; Twin Falls County can enter into partnerships that help create the strong families and communities that lead our children into lifelong health; and

WHEREAS, there is H.O.P.E (Healthy Outcomes from Positive Experiences) for all Twin Falls County families, including those who have faced adversities in their communities and within their families, because childhood adversity is not a destiny; and

WHEREAS; H.O.P.E Week is a national effort supported by families, scientists, non-profits, research centers and institutes, universities, and government agencies to raise awareness about the significance of Positive Childhood Experiences in child, youth, and family services and supports, research, and policymaking.

**NOW, THEREFORE**, We, the Twin Falls County Commissioners do hereby proclaim May 8-12, 2023 to be:

## **HOPE** Week

in the County of Twin Falls, State of Idaho.

IN WITNESS WHEREOF, I have hereunto set my hand at the Twin Falls County West Facility in Twin Falls, Idaho on this 17<sup>th</sup> day of April, 2023.

Don Hall, Chairman

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Brent Reinke, Vice-Chairman

Jack Johnson, Commissioner

ATTEST:

Kristina Glascock, Clerk

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